



# 1 On the Nature of Programming Exercises

2 **Alberto Simões** 

3 2Ai, School of Technology, IPCA, Barcelos, Portugal

4 <https://ams.zbr.pt>

5 [asimoes@ipca.pt](mailto:asimoes@ipca.pt)

6 **Ricardo Queirós** 

7 CRACS, INESC-Porto LA, Portugal

8 uniMAD, ESMAD, P.PORTO, Portugal

9 <http://www.ricardoqueiros.com>

10 [ricardoqueiros@esmad.ipp.pt](mailto:ricardoqueiros@esmad.ipp.pt)

## 11 — Abstract —

12 There are countless reasons cited in scientific studies to explain the difficulties in programming  
13 learning. The reasons range from the subject's complexity, the ineffective teaching and study  
14 methods, to psychological aspects such as demotivation. Still, learning programming often boils  
15 down to practice on exercise solving. Hence, it is essential to understand that the nature of a  
16 programming exercise is an important factor for the success and consistent learning.

17 This paper explores different approaches on the creation of a programming exercise, starting  
18 with realizing how it is currently formalized, presented and evaluated. From there, authors suggest  
19 variations that seek to broaden the way an exercise is solved and, with this diversity, increase student  
20 engagement and learning outcome. The several types of exercises presented can use gamification  
21 techniques fostering student motivation. To contextualize the student with his peers, we finish  
22 presenting metrics that can be obtained by existing automatic assessment tools.

23 **2012 ACM Subject Classification** Applied computing → Education

24 **Keywords and phrases** Programming Exercises, Computer Science, Automatic Evaluation, Program-  
25 ming Challenges

26 **Digital Object Identifier** 10.4230/OASICS.CVIT.2016.23

27 **Funding** This work was partly founded by Portuguese national funds (PIDDAC), through the  
28 FCT – Fundação para a Ciência e Tecnologia and FCT/MCTES under the scope of the project  
29 UIDB/05549/2020.

## 30 **1** Introduction

31 There is an unanimity regarding the difficulties founded in the teaching-learning process of  
32 computer programming. These difficulties are emphasized mainly in introductory teaching,  
33 where novice students often lack the knowledge of fundamental programming constructs.  
34 Another explanation is that students, despite being familiar with the constructs, lack the  
35 ability of “problem solving” [9]. Other studies focus on social aspects, since novice students  
36 usually have their introductory programming classes in one of the most difficult periods of  
37 their life, that is, at the beginning of a higher education course in computer science, coinciding  
38 with a period of transition and instability in their life. There are even authors who consider  
39 that the programming courses are not well located in standard computer programming  
40 degrees curricula [1, 2].

41 In recent years, computer programming training environments appeared with the goal  
42 of helping users to learn programming. The methodology used focus on solving problems  
43 from scratch. Nevertheless, initiating the resolution of a program can be frustrating and  
44 demotivating if the student does not know where and how to start. Based on this fact, some  
45 training environments appeared with the support for skeleton programming which facilitates



© Alberto Simões and Ricardo Queirós;  
licensed under Creative Commons License CC-BY  
42nd Conference on Very Important Topics (ICPEEC 2020).

Editors: John Q. Open and Joan R. Access; Article No. 23; pp. 23:1–23:9



OpenAccess Series in Informatics

OASICS Schloss Dagstuhl – Leibniz-Zentrum für Informatik, Dagstuhl Publishing, Germany

## 23:2 On the Nature of Programming Exercises

46 a top-down design approach, where a partially functional system with complete high-level  
47 structures is available. So, the student needs only to progressively complete or update the  
48 code to meet the requirements of the problem. Despite its promising results, there are few  
49 environments that vary their exercise types in order to motivate novice students and keep  
50 them focused.

51 This paper starts by presenting the life cycle of a programming exercise: how it is  
52 formalized, how it is presented to the student and how a student's solution is evaluated.  
53 Then, the study explores other ways to challenge the student avoiding the "create from  
54 scratch" assignment.

55 The rest of the paper is structured as follows: Section 2 explores the current state  
56 regarding programming exercise formalization and evaluation. Follows Section 3 where  
57 different approaches to construct a programming exercise are analyzed. Finally, the main  
58 contributions of the paper and possible paths for future developments are presented.

## 59 **2** Programming Exercises

60 The way a programming exercise is formalized and evaluated is crucial for computer pro-  
61 gramming practice. In the following subsections we discuss both.

### 62 **2.1** Formalization

63 Until two decades ago, programming assignments were created and presented to students in a  
64 *ad hoc* fashion. The increasing popularity of programming contests worldwide resulted in the  
65 creation of several contest management systems. At the same time Computer Science courses  
66 use programming exercises to encourage the practice of programming. The interoperability  
67 between these type of system is becoming a topic of interest in the scientific community. In  
68 order to address these interoperability issues several formats to represent computer science  
69 exercises were developed [6]. As notable examples we can found KATTIS [3], FreeProblemSet<sup>1</sup>,  
70 Mooshak Exchange Format [4], PExIL [7] and YAPeXIL.

71 The majority of the formats, despite the syntactically differences, adhere to the same logic  
72 in terms of structure. They are based in a XML manifest file referring several types of resources  
73 such as problem statements (e.g. PDF or HTML documents), images, input/output test files,  
74 validators (static or dynamic) and solution implementations. Recently, the YAPeXIL, based  
75 on PExIL, break these similarities changing the serialization format to JSON and supporting  
76 different types of programming exercises such as solution improvement, bug fix, gap filling,  
77 block sorting, and spot the bug<sup>2</sup>.

78 In terms of semantics, all the formats allow the inclusion of:

- 79 ■ metadata: data providing information about the exercise. Usually used for discovery  
80 actions in repositories;
- 81 ■ instructions: text that is presented to the student (e.g., statement, instructions, skeleton  
82 code). This data is commonly presented to the student in playground (or training)  
83 environments;
- 84 ■ tests: data which is used by the assessment tools to evaluate the student's code. The  
85 most common data in this category is a set of tests (usually as input/output pairs) and a  
86 working solution;

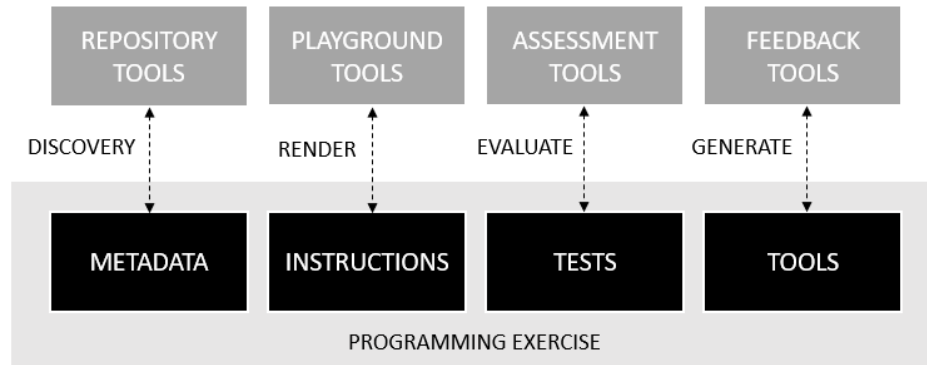
---

<sup>1</sup> <https://github.com/davideuler/freeproblemset>

<sup>2</sup> These types of problems will be discussed in depth in Section 3.

87 ■ tools: tools that the author may use to generate data (e.g. feedback and tests generators,  
88 plagiarism tools).

In Fig. 1 the four facets and potential tools which will consume the facet data are presented.



■ **Figure 1** Anatomy of a programming exercise.

89

## 90 2.2 Evaluation

91 The standard way of evaluating a program is to compile it and then execute it with a set of  
92 test cases, comprised of pairs of input/output files. The submitted program is accepted if it  
93 compiles without errors and the output of each run is what is expected. This is called of  
94 dynamic evaluation.

95 Another approach, is using static evaluation tools that, instead of executing the student's  
96 code and injecting input data, analyzes the code and a predefined set of metrics is computed.  
97 In this context, the presence of a particular keyword or code block, the style of the code (e.g.  
98 variable naming convention), the presence of comments or even the application of a certain  
99 algorithm can be verified. For this type of analysis *linters*, or other static analysis tools are  
100 generally used.

101 There are several systems that fits on this category such as DOMJudge<sup>3</sup>, Mooshak<sup>4</sup>,  
102 PC<sup>25</sup> and DMOJ<sup>6</sup>.

103 Most of these systems are contest management systems in the web. They allow the creation  
104 of creating problems, whose solutions can be written in different programming languages, and  
105 have mechanisms to judge automatically the solutions providing (web)interfaces for teams,  
106 the jury and the general public. Some of them (Mooshak and DOMJudge) also provide a  
107 REST API to allow their internal functions to be used in other scenarios. All of them are  
108 free and open source making them easy to adapt for each one needs.

## 109 3 Types of Programming Exercises

110 There are different approaches to create a programming exercise, depending on what is asked  
111 as task for the student, but also in the way the assignment is evaluated and graded. In this

<sup>3</sup> <https://www.domjudge.org/>

<sup>4</sup> <https://mooshak.dcc.fc.up.pt/>

<sup>5</sup> <https://pc2.ecs.csus.edu/>

<sup>6</sup> <https://dmoj.ca/>

## 23:4 On the Nature of Programming Exercises

112 section we will first present the different ways a programming exercise can be presented to  
113 the student, and what are the main goals of that exercise, and their pros and cons. In some  
114 cases examples of application will be discussed. It is followed by an overview of different  
115 ways an exercise can be graded, according to the objective. Finally, we will also discuss  
116 different ways to give feedback to the students about their performance.

### 117 3.1 Exercise types

118 While a programming exercise can be presented in very different ways, there are some that  
119 are traditional and widely used, while some other are rarely applied. These types of exercise  
120 not only present a different challenge to the student, but also can be more or less adequate  
121 for some specific type of evaluation. And, unfortunately, some types of exercises can take  
122 some time for the teacher to prepare.

#### 123 Code from Scratch

124 This is the common approach. Easy for the teacher to prepare, as only a statement of a  
125 problem is needed. A test suite to evaluate the student's answer is needed just in the case of  
126 using an automatic evaluation tool.

127 For the students, they have a blank sheet, and they will need to code from scratch. In the  
128 student's point of view, this is the worst problem situation. Just like a writer or a painter,  
129 they may have the blank page syndrome. There is no indication of where to start. Students  
130 can start focusing on the main algorithm to solve the problem, but some students will start  
131 with the auxiliary/irrelevant code that is needed, and try to focus later (and probably too  
132 late) in the code that the teacher wants to evaluate.

133 In some situations, like when teaching Object Oriented Programming (for example using  
134 Java or C#), and particularly in the first classes, asking the student to write a static class to  
135 be able to write a static main function is counter intuitive, and breaks the Object Orientation  
136 logic.

#### 137 Code Skeleton

138 To alleviate the blank page syndrome, and make the student focus on the piece of code being  
139 evaluated, the solution is to present a code skeleton, with some blanks to fill in. These can  
140 be simple function calls up to complete function or method bodies. Depending on the way  
141 this type of problem is presented to the student, the main part of the application might be  
142 hidden, and the student will never see the big picture. While this can seem like a bad thing,  
143 the fact that the student can focus is a great benefit. The skeleton programs will accelerate  
144 the beginning of exercises resolution and facilitate their problem understanding. With the  
145 structure included, students can now focus on the core of the problem and abstract their  
146 foundations.

147 As for the teacher, further work is needed. Teachers will need to write the code skeleton,  
148 and present the students with a clear interface, knowing exactly what is available at that  
149 point in the program. For complex exercises, teachers might need to write a full solution  
150 before being able to understand what pieces of code are to be developed by the student.

#### 151 Fill the Blanks

152 Similar to the previous approach, but with smaller blank sections. Students will not need  
153 to write full lines or blocks of code, but rather fill in some portions of it. These blanks can

154 be open, allowing the student to write whatever they want, or a predefined list, asking the  
155 students to use one of the provided options to fill the blank.

156 This second approach can be interesting if the students do not have the possibility to run  
157 the code, and are presented with very similar options, that will force to really understand  
158 what they are performing, without being able to test the code.

159 In fact, asking students to solve programming tasks without the ability to compile or run  
160 their code is relevant, as current compilation times are so fast, that students tend to try all  
161 the options/combinations possible for a specific algorithm in order to find the right answer  
162 (brute force programming).

### 163 Code Baseline

164 While in the previous approach the teacher will leave concrete instructions on what code  
165 needs to be written, with a code baseline, students will have access to a fully working solution.  
166 This working solution might solve the problem for specific values, and students will need to  
167 work their code to get a better solution.

168 This approach is very useful for (but not limited to) teaching how to implement machine  
169 learning tools. The teacher can include a solution with a precision baseline, asking the  
170 students to accomplish better.

171 Having a fully working solution, students feel more comfortable as they do not need to write  
172 their code from scratch, and feel empowered, as they have a working solution. Nevertheless,  
173 to start changing the code to get better results, students will need to understand the provided  
174 code, and that can be a challenging task, especially if the supplied code is not well documented,  
175 or the student is not directed to the code function he needs to change.

176 As a side benefit from this approach, gamification is implicit. If there is feedback on how  
177 well the student's solution is performing, they will quickly try to beat their friends solutions.

### 178 Find the Bug

179 In this type of exercise the student is asked to merely find the bug (or bugs) for a presented  
180 solution. These exercises are used to make students understand an algorithm logic. If the  
181 students are in a condition where they cannot compile and test the solution, this is a very  
182 interesting approach, as the student is not asked to fix the code.

### 183 Buggy Code

184 Students do not like to rewrite code, trying to make it faster, more elegant, bug free or more  
185 generic. The "Find the Bug" type of exercise is a good way to force students to read other's  
186 code, understand it, and change it. They are provided a buggy solution, and need to fix it.

187 The types of bugs introduced in the solution can be of different type accordingly with  
188 the exercise objectives:

- 189 ■ compilation errors: specific syntactic problems are present, like wrong variable types,  
190 missing castings, wrong function names, parameter order, etc.
- 191 ■ logic errors: the algorithm has serious flaws, and the student needs to detect them. If  
192 properly created, these errors can be useful to force the student to understand specific  
193 details of an algorithm.
- 194 ■ solution errors: the algorithm is mostly working, but have some problems in corner cases.  
195 This is similar to the "Baseline" approach, but rather than trying to raise the coverage,  
196 precision or accuracy of the solution, the student is asked to make the buggy code work  
197 on specific test cases.

## 23:6 On the Nature of Programming Exercises

### 198 **Compiling Errors**

199 With the spread of intelligent IDEs, students get used to look to the code suggestions, and  
200 very little to the compiler output. An interesting exercise to force students to look and  
201 understand how compilers analyse the code, and how they report syntax errors, is to present  
202 the student with a snippet of code with a syntax error, and the compiler message. This  
203 would be especially interesting if the code snippet is not possible to compile isolated (it  
204 uses unknown methods) and if the implementation goal is not described. This will force the  
205 student to look carefully to the error message, and to parse the code himself.

### 206 **Code Interpretation**

207 Just like reading compilation error logs, students lack the ability to understand code. A  
208 simple approach to force students to read and interpret an algorithm is to present the  
209 student with a snippet of code, and a set of options of behaviour. The behaviour can be a  
210 description of the algorithm goal, or just information about compilation error messages, or  
211 faulty behavior. This kind of exercise is interesting if the code is done in a way the student is  
212 not able to copy it and run in a compiler to test it, for example, using non defined functions  
213 described by text.

### 214 **Keyword Use**

215 This option is an add-on to some specific type of exercises, like the implementation of code  
216 from scratch or the development of a specific function or line of code. In this add-on, the  
217 teacher specifies the use of a specific keyword. As an example, the teacher may require the  
218 student to use a map function for a functional style solution to a specific problem, instead of  
219 implementing it as a loop. The main problem on this approach is the automatic evaluation,  
220 because it can not be just a pattern match, as students might use comments to put there the  
221 keyword, or include the keyword in void context, where it does not affect the behaviour of  
222 the code. Therefore, the better approach is to instrument the original function in order to  
223 log what was its input, and test there it was implemented correctly. The ability to do this  
224 kind of instrumentation will depend largely on the used programming language.

## 225 **3.2 Exercise gamification modes**

226 If different types of exercise test the students knowledge in different situations, gamification  
227 increases motivation, challenging their knowledge. Gamification can be introduced just  
228 with a ranking on the number, on how many problems were solved by each student, or by  
229 assigning (different) points to (different) problems. But this is a rather limited approach to  
230 Gamification. Gamification can be used to challenge students to solve a solution in a specific  
231 way, and therefore, being not just useful for motivation, but also for learning [8].

232 We will discuss how different approaches of gamification can be used to foster learning,  
233 and defy students.

### 234 **Slender / Golf**

235 Instead of just grading a solution accordingly with their result, evaluate the number of  
236 characters, instructions, or lines used to solve the problem. In some programming language  
237 communities like the Perl Community [5] this is seen like a sport, known as Golf or Golfing.

238 While this challenge is funny, it can be counterproductive. Shorter solutions are usually  
239 ugly, difficult to maintain, and explore obscure details of the host programming language.  
240 Therefore, while this kind of evaluation can be used with students, it should not be their  
241 main goal.

## 242 **Sprinter**

243 Efficiency is something students should understand and be able to reach. Teaching them  
244 Program Complexity is tedious and non attractive. But if students are challenged to write a  
245 fast solution for a problem, they will need to understand the efficiency of different algorithms  
246 and data structures in order to score.

247 If the solutions are run on a specific hardware (like a server responsible for evaluating the  
248 answers), the teacher can prepare a good solution, time it, and define a threshold execution  
249 time, forcing students to get their running time below that value.

## 250 **Economic**

251 Parallel to the Sprinter approach, students are rewarded by the amount of memory they use.  
252 Nowadays, given the large amount of memory available on personal computers, students do  
253 not have the care to use and reuse memory.

254 For instance, when teaching the C programming language, it is hard to teach students  
255 when they can free memory. This leads to solutions where memory is never freed. Computing  
256 the maximum amount of memory used by the solution application during a complete run  
257 can be used as a mechanism to motivate students to try to free up memory whenever they  
258 do not need it.

## 259 **Sedulous**

260 Students with learning difficulties can demotivate easily, as they see other students being  
261 able to accomplish working and probably fast and economic solutions. Rewarding students  
262 that attempt to solve a problem more than a fixed amount of tries can be motivational. Of  
263 course that the grading system should be able to understand if those are honest attempts or  
264 if the student is just trying to send always one wrong solution just to be rewarded.

## 265 **Scout**

266 Provides a bonus reward when the student makes several tests to check his solution, before  
267 submitting. This is not something that can be easily accounted for automatically. A good  
268 alternative is to give a bonus to the student if it passes all the tests with the first submitted  
269 solution.

## 270 **Meticulous**

271 Sometimes there are different ways to accomplish a working solution, and the number of  
272 lines, the code efficiency or amount of used memory is not enough to distinguish the chosen  
273 solution approach. With this in mind, teachers can define a set of specific keywords or  
274 function/methods that will give a bonus to the student's solution.

275 The main problem for this solution is the possibility of cheating. If the student gets aware  
276 that a specific keyword is being checked, he might just write that keyword in a comment, or  
277 in a void context, where it is not exactly being used as it should. A way to circumvent this

278 cheating approach is to hide to the student how the grading system works, or to define a  
 279 wrapper to the functions being tested, that evaluate how they are being used in the student's  
 280 solution.

### 281 3.3 Exercise Statistics

282 In the previous section we presented some ways to grade students accordingly with different  
 283 factors that do not relate necessarily with the correctness of the solution. Teachers might  
 284 not want to use all of those grading approaches at the same time. Nevertheless, computing  
 285 statistics on some of the presented factors, and showing them to the students can work,  
 286 indirectly, as gamification.

287 Thus, it is suggested to add solution metrics regarding each problem submitted solutions.  
 288 Follow some simple examples:

- 289 ■ Average Solution Time: how much time a student takes to prepare a solution, starting  
 290 from the moment the problem description was seen, up to a good solution to be submitted.  
 291 This will allow students to understand how they relate with their mates, and will allow  
 292 the teacher to understand how his students problem solving abilities are.
- 293 ■ Wrong Attempts Average: how many attempts (in average) a student performs, before  
 294 getting the solution accepted. If this number is high, students might not have understood  
 295 the problem correctly, or they are trying at force to get a solution, instead of really  
 296 thinking in a good approach.
- 297 ■ Least Memory Used: who is the student having the solution using less memory for each  
 298 problem.
- 299 ■ Shortest Execution Time: who is the student having the fastest solution.
- 300 ■ Average Execution Time: what is the average execution time for a specific problem  
 301 solutions.

## 302 4 Conclusions

303 Learning programming is a difficult task. Many reasons have been shared among the scientific  
 304 community. However, it is important not to forget, that learning programming requires  
 305 constant practice. In programming, this practice boils down to solving exercises, often from  
 306 scratch. While this could be simple for average and expert students, for novice students this  
 307 approach can negatively affect his performance in the course and, consequently, increase their  
 308 demotivation. Therefore, this paper describes several types of exercises in order to cover  
 309 different learning profiles and enhance new skills. This diversity is seen by the authors as  
 310 beneficial to not making the challenges tedious for more advanced students and to support  
 311 novice students to consolidate their skills.

312 As future work, the authors will try to explore simple ways to facilitate the process of  
 313 changing an exercise type through standard and non-language dependent techniques.

## 314 — References —

- 315 1 Anabela Gomes, Cristiana Areias, Joana Henriques, and António José Nunes Mendes. Aprendi-  
 316 zagem de programação de computadores: dificuldades e ferramentas de suporte. *Revista*  
 317 *Portuguesa de Pedagogia*, 42:161–179, 2008.
- 318 2 Tony Jenkins. On the difficulty of learning to program. In *3rd Annual LTSN-ICS Conference*,  
 319 pages 53–58, 2002.
- 320 3 Kattis. Kattis, 2019. accessed on Jan 2020. URL: <https://open.kattis.com/>.



- 321 4 José Paulo Leal and Fernando Silva. Mooshak: A web-based multi-site programming contest  
322 system. *Softw. Pract. Exper.*, 33(6):567–581, May 2003. doi:10.1002/spe.522.
- 323 5 Jon Orwant. *Games Diversions & Perl Culture: Best of the Perl Journal*. O’Reilly Media,  
324 2004.
- 325 6 Ricardo Queirós and José Paulo Leal. Babelo - an extensible converter of programming  
326 exercises formats. *TLT*, 6(1):38–45, 2013. doi:10.1109/TLT.2012.21.
- 327 7 Ricardo Queirós and Jose Paulo Leal. Making programming exercises interoperable with PExIL.  
328 In Jose Carlos Ramalho, Alberto Simões, and Ricardo Queirós, editors, *Innovations in XML  
329 Applications and Metadata Management: Advancing Technologies*, pages 38–56. IGI Global,  
330 2013.
- 331 8 Jakub Swacha, Ricardo Queirós, José Carlos Paiva, and José Paulo Leal. Defining requirements  
332 for a gamified programming exercises format. In Imre J. Rudas, János Csirik, Carlos Toro, János  
333 Botzheim, Robert J. Howlett, and Lakhmi C. Jain, editors, *Knowledge-Based and Intelligent  
334 Information & Engineering Systems: Proceedings of the 23rd International Conference KES-  
335 2019, Budapest, Hungary, 4-6 September 2019*, volume 159 of *Procedia Computer Science*,  
336 pages 2502–2511. Elsevier, 2019. doi:10.1016/j.procs.2019.09.425.
- 337 9 Jacqueline L. Whalley, Raymond Lister, Errol Thompson, Tony Clear, Phil Robbins, P. K. Ajith  
338 Kumar, and Christine Prasad. An australasian study of reading and comprehension skills  
339 in novice programmers, using the bloom and solo taxonomies. In *Proceedings of the 8th  
340 Australasian Conference on Computing Education - Volume 52, ACE '06*, page 243–252, AUS,  
341 2006. Australian Computer Society, Inc.